

The Dramatherapy Centre

A Body of Work and Play - Art Therapy and Dramatherapy Workshop

With Suzanne Perry and Joanna Jaaniste

This two day introductory workshop is suitable for clinicians working therapeutically with clients with complex trauma who want to develop their understanding of the theory and application of the expressive therapies of art and drama.

Clinicians working with clients who have histories of trauma may at times find that words alone are not enough to give expression to people's experiences and feelings. Leading trauma researchers (Ogden & Minton 2000, van der Kolk 2006 as cited in King 2016) suggest that access and process of trauma requires expression that engages the whole body and mind.

Art and Drama Therapy bring the mind and body into relationship as it provides opportunities through the creative process of embodiment, projection and play (Jennings, 1999, Langley, 2006 and Harvey, 2005) to facilitate expression and meaning making that is culturally sensitive and client centred. The therapeutic focus is on engaging clients through the process of creating, organisation, making meaning and integration (Grant & Tinnin, 2009; Hass-Cohen et al, 2014; Naff, 2014; Pifalo, 2009; Talwar, 2007, as cited in King 2016).

Suzanne Perry (Art Therapist) and Joanna Jaaniste (Dramatherapist) will encourage participants to engage in art and drama processes to support their learning and understanding of this approach.

Participants will be enabled to take away from the workshop:

- Develop knowledge and experiential learning of art and drama therapy relationship
- Develop practical skills in using action and play methods in the work place with clients through experiential learning
- Be introduced to recent trauma-based research on art and drama therapy
- Develop an understanding of the qualities and application of various art and drama materials
- Develop an appreciation of applying these methods within a trauma model of care.

Presenters:

Joanna and Suzanne have over 40 years clinical experience between them working with adults, children and families supporting them to engage in the expressive therapies to process, express and transform feelings and experiences often associated with complex trauma. They have both worked in community settings and NSW health services and work in private practice as well as teach on the Masters of Art Therapy at Western Sydney University.

DATE

Sat 21 October 2017

10am - 4pm

Sun 22 October 2017

10am - 4pm

INVESTMENT

Earlybird

\$350

before September 30, 2017

Regular Cost

\$400

from October 1, 2017

(includes all art materials and morning tea)

COURSE VENUE

The Centre, 14 Frances St.

Randwick, N.S.W. 2031.

P: (02) 9398 2211

E: centreac@bigpond.net.au

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With Suzanne Perry and Joanna Jaaniste

APPLICATION FORM

NAME _____

ADDRESS _____

POSTCODE _____

TEL _____

MOB _____

EMAIL _____

OCCUPATION _____

INVESTMENT

Earlybird \$340 before September 30, 2017

Regular Cost \$400 from October 1, 2017

Costs are non refundable.

Cheques payable to "The Dramatherapy Centre"

PAYMENT METHOD

Send **cheque** or make a
deposit to our account:

Acc. Name:

The Dramatherapy Centre

Acc. No.

153946964

BSB No.

112-879

St. George Bank,

Leichhardt Branch.

HOW DID YOU HEAR ABOUT THIS WORKSHOP?

Dramatherapy website

Facebook Dramatherapy

Word of mouth

Newsletter

Other _____

For more information visit www.dramatherapy.com.au

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