

The Dramatherapy Centre

Master Classes with David Read Johnson

Developmental Transformations: Embodied Encounters in the Playspace

Developmental Transformations: Embodied Encounters in the Playspace

November 18 & 19 2011

This workshop is for drama therapists and creative arts therapists interested in learning about and immersing themselves in DvT theory, methods, and applications. DvT utilizes the improvisational playspace as the therapeutic container within which both clients and therapist embody, encounter, and transform their experiences toward a fuller sense of presence and tolerance. We will explore the dynamics of the playspace, and increasing your playability, tolerance for greater proximity in the therapeutic encounter, and decreasing your fear over instability and uncertainty.

Developmental Transformations is one of the major dramatherapy methods used in the U.S. Developed largely with severely disturbed populations such as traumatized children and adults, demented elderly, and people diagnosed with schizophrenia, it has since been applied with higher functioning people as well, both in individual and group therapy contexts. It emphasizes the free play of embodied improvisation to identify and then deconstruct over-storied Selves and Lives and Issues that clients bring with them to therapy. Through playful, oftentimes humorous, interventions, the DvT therapist stretches and surprises the client in intimate and mutual dramatic play. DvT places the privileged position of the Therapist into the playspace as a playobject for the client to deal with as they wish. Thus the therapist is trained to tolerate and forgive themselves for their faults and counter transferences. The aim of the therapeutic enterprise is to reduce the client's fear over the instability of Being; that is, the inevitable turbulence of our mind, our body, and our encounter with those we love.

Date 2011

Friday 18th November
9:30am - 5pm

Saturday 19th November
9:30am - 5pm

Investment

\$500

Early bird before 21st October 2011

\$450

Course venue

Balmain Town Hall
Meeting Room
Ground Floor
370 Darling St
Balmain NSW 2041



For more information visit www.dramatherapy.com.au

The Dramatherapy Centre
33 Percival St., Lilyfield NSW 2040
T: (02) 9518 6519

Joanna Jaaniste
M: 0408 956 070
Email: dramatherapy@ozemail.com.au

Adrian Lania
M: 0400 306 499
Email: adrianzlania@mac.com

The Dramatherapy Centre

Master Classes with David Read Johnson

Developmental Transformations: Embodied Encounters in the Playspace

Presenter:



David Read Johnson, Ph.D., RDT-BCT is Director, Institutes for the Arts in Psychotherapy, New York City; Co-Director, Post Traumatic Stress Center, New Haven, Connecticut; Former President of the National Association for Drama Therapy; Former Editor-in-Chief, International Journal of the Arts in Psychotherapy. He is Associate Clinical Professor, Department of Psychiatry, Yale University School of Medicine. He has authored numerous articles and chapters, and the books: *Essays in the Creative Arts Therapies: Imaging the Birth of a Profession* (Thomas, 1999); *Current Approaches in Drama Therapy, Second Edition* (with Renee Emunah) (Thomas, 2009), *Trauma-Centered Group Psychotherapy with Women* (with Hadar Lubin) (Haworth, 2008), and the upcoming *Assessment in Drama Therapy* (with Stephen Snow and Susana Pendzik) (Thomas, 2011).

For more information visit www.dramatherapy.com.au

The Dramatherapy Centre
33 Percival St., Lilyfield NSW 2040
T: (02) 9518 6519

Joanna Jaaniste
M: 0408 956 070
Email: dramatherapy@ozemail.com.au

Adrian Lania
M: 0400 306 499
Email: adrianzania@mac.com