

The Dramatherapy Centre

Sue Jennings Masterclasses 24 & 25 Oct 2015

BIOGRAPHY

Sue Jennings PhD is Visiting Professor at HELP University, Kuala Lumpur.

Sue is a Play and Dramatherapist who created and now specialises in Neuro-Dramatic-Play, and the EPR developmental paradigm. EPR is taught world wide in education and therapy. She is also a specialist in the application of Shakespearean drama in the area of Dramatherapy. She is an author, performer and storyteller.

Currently Sue is developing Play Therapy training for teachers, and communication and creative skills for adults; she is also encouraging an arts based approach to living. Sue has published many books on her work which are translated into many languages. Her previous academic appointments include: University of Exeter and University of Hertfordshire. She was awarded a Winston Churchill Fellowship for researching the arts and older people (2012-2013).



MASTERCLASS 1, SATURDAY 24TH OCTOBER NEURO-DRAMATIC - PLAY (NDP)

*Love looks not with the eyes, but with the mind
And therefore is winged cupid painted blind.*

William Shakespeare, *A Midsummer Night's Dream*

NDP is the sensory playfulness of early childhood, before and after birth. It is a critical time for the establishment of trust, empathy, fine tuning and attachment.

NDP includes sensory, rhythmic and dramatic play, the early embodied experience that is the foundation that allows life and creativity to flourish.

This workshop, which is largely experiential, encourages individuals and the group to re-experience their personal NDP development, in order to find new insights into their early sensory world. From this will emerge their own sense of mind and therapeutic intuition, which will help to clarify both personal and professional foggy issues.

The workshop will end with a Power Point presentation of examples and underlying theory of NDP as a basis for arts therapies.

Important

Please bring: a fleecy blanket, a photograph of yourself before the age of 7, wear comfortable clothes.

Participants will gain

An understanding of NDP principles and their integration into therapeutic practice.

For more information visit www.dramatherapy.com.au

The Dramatherapy Centre
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MASTERCLASS 2, SUNDAY 25TH OCTOBER

SHAKESPEARE'S EMOTIONAL INTELLIGENCE AND THE SEETHING BRAIN

*Lovers and madmen have such seething brains,
Such shaping fantasies.*

William Shakespeare, *A Midsummer Night's Dream*

Recent discoveries in neuroscience have shown that emotional intelligence is as important as the familiar IQ. Many children and teenagers, and indeed adults, have an emotional intelligence that is less mature than other aspects of their brain development. We now know that brains and their contents are not fixed at birth but continue to grow and develop according to the 'good enough' attachment. Therefore it seems pertinent to consider examples of emotional intelligence in literature, namely Shakespeare and in particular, *A Midsummer Night's Dream*.

Kelly Hunter's 'Shakespeare's Heartbeat' (2014) approach for working with children on the autistic spectrum will be included, showing how an experience of Shakespeare's imagery and characters can bring about profound change.

A Power Point presentation at the end of the workshop will give illustrations of Shakespeare's Emotional Intelligence (ShEM).

Important

Please read the play before the workshop and choose a character and 4 lines of dialogue to explore, (No Fear Shakespeare editions give full translation!).

Please bring: large piece of cloth, paper and crayons, and wear comfortable clothes.

Participants will gain

- Understanding the scope of Shakespeare's plays for emotional intelligence
- Developing ideas for 'character' contrasted with 'role' for therapeutic change
- Exploring the paradox that working with 'distance' brings us 'closer'

References:

- Jennings, S. (2011). *Healthy Attachments and Neuro-Dramatic-Play*. London: Jessica Kingsley Press.
- Hunter, K. (2015). *Shakespeare's Heartbeat*. Oxford: Routledge.
- *A Midsummer Night's Dream*.

MASTERCLASS COSTS

Earlybird (up to 25th August) Both days \$400.00 1 day only \$250.00

Standard (after 25th August) Both days \$500.00 1 day only \$300.00

COURSE VENUE

The Centre, 14 Frances St. Randwick, N.S.W. 2031.
P: (02) 9398 2211 E: centreac@bigpond.net.au

DATES

Sat 24 Oct, 2015, 9am - 5pm

Sun 25 Oct, 2015, 9am - 4:30pm

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APPLICATION FORM

NAME _____

ADDRESS _____

POSTCODE _____

TEL _____

MOB _____

EMAIL _____

OCCUPATION _____

INVESTMENT

Earlybird (up to 25th August) Both days \$400.00 1 day only \$250.00

Standard (after 25th August) Both days \$500.00 1 day only \$300.00

Costs are non refundable.

Alternative fee schedules can be negotiated.

Cheques payable to "The Dramatherapy Centre"

PAYMENT METHOD

Send **cheque** or make a **deposit** to our account:

Acc. Name:

The Dramatherapy Centre

Acc. No.

153946964

BSB No.

112-879

St. George Bank, Leichhardt Branch.

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