

The Dramatherapy Centre

is delighted to present a fundraising day of magical story work:

The Firemaker Workshop 2012



Gather round, make a fire and find the flicker of the pilot flame somewhere inside...

The levels of trauma, violence, poverty and HIV/AIDS in South Africa are having an ever increasing impact on communities. To date most of the work being done is in crisis intervention and care. There is a growing realisation that the emotional impact these social issues are having on individuals and communities need to be addressed.

Traditionally, through ritual drama, primitive art, dance and music, indigenous South African communities expressed and reflected on their daily lives. The term Firemaker Project evokes the tradition whereby communities would gather around a fire to share stories and connect with each other.

In contemporary South Africa, childhood trauma and neglect reflect troubled community dynamics and the impact of the HIV pandemic. Children who are orphaned, sick or particularly vulnerable need specific emotional care to communicate their difficult feelings and build resilience, as do their care workers.

The FireMaker Project is a development project of Zakheni Arts Therapy Foundation, South Africa (www.zakheni.org.za). It was designed to enhance the psychosocial wellbeing of vulnerable children in the context of HIV and AIDS, poverty and conflict, through the creative arts. The main objective of the project is to equip indigenous care workers with creative arts tools via experiential creative arts processes. So the adults get to play too, sometimes for the first time.

The Firemaker Project has been conducted throughout Southern Africa, South America and the Middle East.

The proceeds from this workshop will go towards the training of indigenous South African care workers to use the arts in a safe and contained way. It will be an opportunity for the participant to play and experience some of the Firemaker methods, with a chance to reflect on one's own personal life as well as professional practice.

No previous experience of drama needed, just yourself the story holder!

About the facilitator:

Kirsten Meyer: Dramatherapist

Kirsten trained and qualified as a Dramatherapist at the University of Hertfordshire (UK) 1998-1999. She is currently a registered member of the Health Professions Council of South Africa, and has worked extensively throughout South Africa in various fields as therapist, facilitator and educator.

She is co-founder of the Zakheni Arts Therapy Foundation in 2002 and was Executive Director for 10 years. She remains a Director of the Board. She has run Dramatherapy groups with diverse communities including: female offenders, children and adolescents living with HIV and AIDS.

This workshop will enable you to:

- Take away some warm-ups for your tool kit
- Demonstrate an awareness of story making and theatre-based techniques
- Show an understanding of ways that theatre practices can be used as a therapeutic tool
- List ways in which storymaking concepts and practices can be useful for clients

Dates 2012

Saturday 25th August
9:30am - 5pm

Course venue:

The Centre, 14 Frances St.
Randwick, N.S.W. 2031.
P: (02) 9398 2211
E: centreac@bigpond.net.au

Investment \$175

Early bird before 1st August 2012 \$125

For more information visit www.dramatherapy.com.au

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APPLICATION FORM

Name _____

Address _____

Postcode _____

Tel _____

Fax _____

Mob _____

Email _____

Occupation _____

Investment:

\$175

Early bird payment before 1st August 2012

\$125

Costs are non refundable.

Payment method

Send **cheque** or make a **deposit** to our account:

Acc. Name:

The Dramatherapy Centre

Acc. No.:

153946964

BSB No.:

112-879

St. George Bank,
Leichhardt Branch.

Send this application by mail to:
The Dramatherapy Centre
33 Percival St., Lilyfield NSW 2040

Or email the form to:
dramatherapy@ozemail.com.au

For more information visit www.dramatherapy.com.au

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